

Elders

Chair: AL JACOBSON	TIM LANDER
PAUL ANDERSON	LEROY VANVICKLE
MARC CARLEY	BARRY WALKER
JEFF DIRKS	KEVIN CLOSE

Contact the elders: elders@lakewoodfc.com

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Parish Nurses

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KARLYN ANDERSON		829-3195	



EVANGELICAL FREE CHURCH

Link

“Helping you get connected and involved at Lakewood”

We exist to be transformed together by the Gospel of Christ, to live out the Great Commandment, and to fulfill the Great Commission—all for the glory of God.

February 2012

Welcome to Lakewood!

Whether you have been a part of life at Lakewood for years, or this is your first glimpse, we are glad to have you! The Lakewood Link is our “hub” of information, packed full of information you don’t want to miss. In the Link you will find information about the various ministries offered at Lakewood and we hope it serves as a “link” to help you get connected and involved.

As much as we would love for you to be a part of life at Lakewood, even more, we want this to be a place you can meet the One who is the giver of life—Jesus Christ. We hope that Lakewood is a church where Jesus is Lord in every thing we do and that you are given the opportunity to personally meet Him and experience new life through Him.

Lakewood’s mission is “to be transformed together by the Gospel of Christ, to live out the Great Commandment, and to fulfill the Great Commission—all for the glory of God.”

We hope the Link gives you opportunities to participate with us in this mission.

Lakewood Link

February 2012

PUBLISHING INFORMATION

Editor:
Katie Copley
218-829-7251

The Lakewood Link is published monthly as the official connection to what’s happening at Lakewood. Inclusion of information does not necessarily indicate endorsement by Lakewood.

SUBMISSION

Deadline for the
March 2012 issue is:
February 20, 2012

The editor has discretion and creative license over all submissions.

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Service Opportunities

Volunteering at Lakewood

It is our privilege as the Body of Christ to serve each other. If there is any area of ministry you are gifted in or interested in being a part of, please contact us. We are excited to connect volunteers and train them to serve. Please refer to the back of the Link for specific Lakewood ministry contact information.

Specific Needs

WELCOME TEAM VOLUNTEERS

If you enjoy meeting new people, this may be the spot for you! We are looking for volunteers on a once a month rotation to help newcomers find their way at Lakewood. Contact Janice Johnson at 828-4481 or stop by the Info Desk for more info.

GRIEFSHARE CO-FACILITATOR

GriefShare volunteers needed to help co-facilitate the GriefShare support group ministry. Must have experienced the loss of a spouse, child, or sibling. Training will be provided. Contact Parish Nurse Arvilla Felten at 829-7251.

PRIMARY EMERGENCY RESPONSE TEAM

PERT (Primary Emergency Response Team) is a volunteer ministry made up of persons who have some medical background and/or training and are CPR/AED certified. We want to provide a safe environment during the Sunday worship services and **need more medical personnel who are CPR certified**. If you are interested in becoming a part of the Emergency Response Team, please contact Larry Lindman at LLindman@mac.com or parish nurses, Karlyn Anderson or Arvilla Felten.

WORSHIP TEAM VOLUNTEERS

Lakewood’s Worship Team would welcome applications for volunteers with gifting in the following areas (but not limited to): drums, keyboard, and acoustic guitar. Contact Pastor Ted at ted@lakewoodfc.com or Annette at annette@lakewoodfc.com.

LIBRARY VOLUNTEERS

Library volunteers are needed on a rotation basis on Sunday mornings after each service and Wednesday evenings prior to programming. Contact LeeAnn Asker at 828-2060 for more information.

Parish Nurse

Care Services

PARISH NURSE OFFICE HOURS

Monday: 1:00-4:00 PM • Tuesday: 10:00-4:00 PM • Wednesday: 1:00-4:00 PM

GRIEF SHARE



GriefShare
support group

classes will be offered for 14 weeks on Tuesday evenings at 7:00 PM, beginning February 7 through May 8 in Room 182. Each session is self-contained so persons who are grieving the death of a loved one are encouraged to attend at any time. Cost: \$15, with scholarships available.

WINTER SAFETY

Make sure your car is ready for the season: brakes, battery, exhaust, headlights, fluids, windshield wipers and washers should all be in proper working condition. Keep your gas tank half full to avoid gas line freeze. Keep close tabs on the weather. Stock your car with basic winter equipments: scraper and brush, small shovel, jumper cables, bag of sand or cat litter for traction, blanket/sleeping bag and flashlight with working batteries. Keep an emergency survival kit in the car: coffee can with small candle, matches, first aid kit, bright colored cloth, snack foods and bottled water.

FEBRUARY IS HEART MONTH

Here's the Ten Commandments for a Healthy Heart:

1. Know your risk factors for heart disease.
2. Talk to your doctor about reducing your risk of heart disease.
3. Have your blood pressure checked regularly.
4. Know your numbers for total cholesterol HDL (the one you want high), LDL (the one you want low) and triglycerides.
5. Check your blood sugar number for diabetes.
6. Do not smoke or use tobacco products.
7. Eat a heart healthy diet.
8. Great regular physical activity—at least 30 minutes on most or all days of the week.
9. Aim for a healthy weight.
10. Know the signs and symptoms of a heart attack and the importance of seeking medical help immediately.

BLOOD PRESSURE CHECKS

Blood pressure checks are available in the Parish Nurse Office on Monday and Wednesday afternoons. They are also provided on the 2nd Sunday of the month from 10:15-10:30 AM in Room 181.

Newcomers

New to Lakewood?

Welcome! Here are a few ways to get to know us:

- Stop by the Information Desk in the Foyer and fill out a “Welcome & Registration” card and receive a free gift!
- Watch the Link and the Bulletin for information on the next Newcomer’s Lunch.
- Sign up for *Discover Lakewood* and *Explore Your SHAPE* classes offered periodically.

All Church Information

Lakewood Office Hours

Monday through Thursday • 9:00 AM to 5:00 PM
Friday • 9:00 AM to 4:30 PM

American Sign Language Interpreting



Lakewood provides an American Sign Language Interpreter at the 10:30 AM Worship Service. If you or someone you know needs the Worship Service interpreted, please sit in the front left section of the Great Hall (as you face the platform).

Lakewood Resources

Check out some of the resources we have available to you on the Info Wall!

- Free literature on Lakewood’s various ministries, core values, and the Evangelical Free Church of America
- CD recordings of the service can be ordered at the sign up desk at the Info Wall (Sermons can also be downloaded on our website.)
- Phone/address directories
- *Our Daily Bread* devotional

Prayer Opportunities

- Email epriayer@lakewoodfc.com to request prayer or to be a part of Lakewood’s prayer chain
- The Prayer Room (near Fellowship Hall) is available for personal or group prayer
- Prayer ushers are available during the Sunday morning services to pray with you in the Prayer Room or on either side of the front platform or in the back of the Great Hall
- If you would like to pray for requests from the Lakewood family, weekly prayer sheets are available at the Info Wall in the foyer
- Pray for our Pastors Tuesday mornings at 6:00 AM in the Prayer Room

All Church Information

Interfaith Hospitality Network (IHN) Update

"Then the righteous will answer him, saying, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brothers, you did it to me' " Matt. 25:39-41

As part of IHN, Lakewood continues to partner with New Pathways, Inc. (NP) to provide after-school housing for homeless families while they work with NP staff during the day to develop the resources, skills and assistance necessary to thrive. Thanks to our IHN volunteers, we provided housing for 16 homeless families (22 parents, 30 children) in 2011 . . . including a 3 week stay during the summer and a greatly appreciated holiday week during Thanksgiving 2011.

According to the New Pathways website (Newpathwaysmn.com), homeless families with children are the fastest growing section of homelessness in MN. The number of homeless families has tripled in numbers, from 889 children to 3,251 children, since the Wilder organization began researching homeless trends in 1991. Evidence of this trend is seen in our Lakes area - since the beginning of January 30 people have been turned away from NP/IHN primarily because the program was full. An excerpt from a letter sent by a recent guest testifies to the importance of this work:

"We were in New Pathways for 69 days and stayed at 8 different churches. In that time NP helped me find tools and resources that would assist me in reaching my goals of employment and housing. As well as offering support and encouragement throughout the process, they also offered me help with parenting skills and budgeting so I could maintain my home. There were times it was all so much and I would get discouraged and in those times not only were they supportive but also pushed me a little when I felt like giving up. They had faith in my abilities to achieve my goals. If you have ever had a goal you know you have to work at it and work hard. I did just that. I met my goals and I worked very hard to do that, and the most important thing of all, I kept the promise I had made (to my son). I had an overwhelming sense of achievement. I looked back at all my hard work, and all I went through in that 69 days, took a deep breath and said, "I did it." Our first night in our home was an indescribable feeling. I worked hard, but couldn't have done it without NP. I was thankful for them. I still am. NP is a great program that helps families achieve success. Without them I would not be where I am now, and not a day goes by that I don't think that and am grateful."

As Angie Kingbird, now director of NP, frequently emphasizes, without the support of the IHN churches, New Pathways would not be able to do what they do. Thank you so much for being part of this ministry!

Missions

Events

SHORT-TERM MISSIONS SOUP FUNDRAISER

Sunday, February 12-Costa Rica

All proceeds will go towards supporting this Short-term team. This is a great opportunity to fellowship and connect with the Lakewood body, as well as support our Costa Rica Mission Team. Serving begins at 10:30 AM in the Fellowship Hall! See you there!



Pray for our Short Term Missions Teams

NEW ORLEANS—FEBRUARY 4-11

This work team is serving with Lakewood-supported missionaries, John & Wendy Gerhardt. This team will help with renovating the recently purchased St. Monica Church and School property into a multipurpose sanctuary and new youth center.

COSTA RICA—FEBRUARY 25-MARCH 6

This team will serve alongside Lakewood-supported missionary, Kathy Carlson. Some of the main focuses will be assisting with discipleship, light construction, and relational ministry to families, teens and children in the communities of Pavas and LaCarpio, San Jose.

MISSIONS BLOG

Lakewood Short-Term
Missions Blog

You can find a blog to follow Lakewood's short-term mission teams on Lakewood's website!

To follow a group while they are serving, go to missions.lakewoodfc.com. Or you can look for the blue blog button on the Missions/Short-Term Missions page.

Missions

Lakewood Missions Conference



MISSIONS CONFERENCE

MARCH 11, 2012

Unengaged Muslims of the World

We are excited to announce that Jeff Johnson will once again be joining us for our Missions Conference. Jeff and Roxanne Johnson are Lakewood-supported missionaries who spent 10 years in Afghanistan and now serve with **Frontiers** in Arizona, a mission organization working solely with Muslims around the world. Jeff and Roxanne are currently Team Leader Overseeing (TLO) in India and Egypt. As TLO's they counsel, advise, and mentor existing teams and their leaders. Mark your calendars! This will be a wonderful opportunity to learn more about Islam and the Muslim people.

Sunday Morning:

Great Hall: 9:00 & 10:30 AM, Jeff Johnson—"Unengaged Muslims of the World"

Unengaged - People groups that have no believers in Jesus living among them long-term sharing the Gospel in their language.

There are currently almost 210 unengaged Muslim people groups, and 50 of them are the primary focus of Frontiers. These people groups desperately need the light of Christ to shine among them.

Sunday Evening:

Great Hall: 5:30-7:00 PM

Jeff Johnson will expand on what he shared Sunday morning, taking people through the 5 key areas where the vast majority of the remaining unengaged Muslims live: Arab Gulf, Sumatra, Sudan/Chad, Southern Pakistan and North India. He will also share about their ministry to Muslims in India, tell some God stories, and share challenges faced by their teams.

Upcoming Missions Opportunity

ALASKA WORK TEAM—May 5-12 (Tentative dates)

Info and 1st Team Meeting on Saturday, February 4 at 9:00 AM in Room 174. **Application deadline is February 15.** For more information contact Dick Todd, 820-4359 or rtodd0729@gmail.com

All Church Information

Interfaith Hospitality Network Events

IHN/NEW PATHWAYS COMMUNITY MEETING

An update on the New Pathways/IHN program will be given, followed by a panel to answer questions from the audience and discuss plans for the future. Representatives from area churches and community organizations are encouraged to attend. Meeting will be held at Bethlehem Lutheran Church on February 2 at 6:30 PM.

IHN TRAINING

IHN training for interested and active Lakewood IHN volunteers will take place February 12 at 12:00 PM in the Chapel. Lunch will be available in the Fellowship Hall for the Costa Rica team fundraiser. Bring your food to the Chapel and enjoy connecting with other IHN volunteers, and reviewing the changes in Lakewood's IHN program, and new developments at New Pathways.

LAKWOOD HOSTS IHN

On February 5-19, Interfaith Hospitality Network (IHN) guests arrive for a 2 week stay at Lakewood. Please join us in making them feel welcome at Lakewood! Contact Stephanie Pontius (851-5373; mopractice@msn.com) or sign up at the table in the foyer on Sunday, January 29 and Sunday, February 5. Volunteer opportunities include evening and/or overnight host, meal service, recreation and childcare, and transportation. Donations of food, or money for gas or groceries are also welcome!

Family Ski Day

On Sunday, February 26, join Lakewood for a Family Ski Day at Ski Gull. Pack a cooler and join us for a day of fun and fellowship with your Lakewood family. Bring in the church bulletin from that day and you will receive our reduced group rates. Ski Gull is open from 10:00 AM—7:00 PM that day.

Lift Tickets—\$10

Ski Rental—\$10

Snowboard Rental—\$20

Tubing—\$10 for 2 hours. Additional hours \$5.00

This day is also Bring a Friend to Ski Day. Anyone with a season pass can bring a friend and the friend's pass is free that day. They just have to pay for rentals.

Contact Kellie Strong with any questions at 829-7251.



All Church Information

Lakewood Library



Did you know that Lakewood has a library (near the Chapel) filled with great resources for you and your family? We encourage you to check out books and DVDs in the library. They fit well with Lakewood's mission of fostering the transformation of lives which is encouraged in our library through reading and hearing about God's continued presence in our lives. **Check out the newly purchased books on a rolling cart outside the library.**

Library Hours: The library is open Sunday mornings 10:10-10:35 AM and 11:50 AM-12:15 PM and Wednesdays 6:15-8:15 PM, as volunteers are available.

Adult Bible Communities

ABC Groups

Adult Bible Communities are classes designed for spiritual growth and fellowship, organized by life stage, that meet during both Sunday services.

You are welcome to join at any time.

Adult Bible Communities

ABC 4 (born 1945 & earlier) 10:30 AM—Chapel **ABC 7** (born 1960-1975) 9:00 AM—Chapel
ABC 5 (born 1940-1955) 10:30 AM—Room 171 **ABC 8** (born 1970-1985) 9:00 AM—Room 174
ABC 6 (born 1950-1965) 10:30 AM—Room 171 **ABC 9** (born 1980 & later) 10:30 AM—Loft

ABC Events

SUPER BOWL PARTY (Hosted by ABC 5 & 6)

Join us Sunday, February 5 at 6:00 PM at the home of Ed and LeeAnn Asker (10129 Gilbert Trail, Brainerd). Bring an appetizer to share. For information call the Askers at 828-2060.

GRILL NIGHT (Hosted by ABC 5 & 6)

Join us at The Fort Supper Club at 6:30 PM on Friday, March 2. Select your meat and grill it yourself on their big, open charcoal grill. Plan to dress warm if you aren't standing by the grill! Contact Droogsma at 829-1363, Askers at 828-2060, or Andersons at 829-9367 for more information.

ABC 5 & 6 STUDY

On February 12, we will begin the study "The Ten Greatest Struggles of Your Life" by Colin Smith. We will examine the Ten Commandments and how they relate to our lives.

SUPER BOWL POTLUCK (Hosted by ABC 7)

Join us Sunday, February 5 at 5:00 PM to watch the Super Bowl at Craig and Andrea Walters' home (15259 Beaver Dam Rd, Brainerd). This will be a family event, so kids bring out your sleds and snow clothes. Please bring a main dish or two sides to share. For information call the Walters at 218-820-2238.

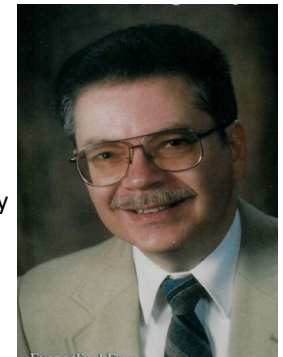
Missions

Missionary of the Month

Duane Dietze – EFCA ReachGlobal, Japan

Personal Background:

Duane was born in Milwaukee, WI, and became a Christian at age 18 through a campus ministry. He received a BA Degree from Carroll College and Master of Divinity in Missions from Trinity Evangelical Divinity School. Duane is a single missionary with a call to cross-cultural church planting ministry and has been serving with the Evangelical Free Church in Japan since August 1986.



Current Ministry: Duane has been serving in church planting in the area of Fukuoka City since January 2009. He ministers to the Japanese people through English classes and evangelistic outreach events in the community. The English classes include a Bible time which exposes the students to God's Word. The baking/cooking classes also include a Bible message. Other outreach events Duane hosted in 2011 included: VBS, "Sweet Christmas Party," weekly English and Japanese Bible studies for men and women, and a monthly English Coffee and Chat. The response to these outreaches and events is good but the challenge is interesting people who attend these outreaches, events, or classes to be interested in spiritual things, Bible study or worship.

Pray for:

- Various ministries at Meinohama Christian Center: Japanese and English Bible studies; outreaches such as English classes, baking classes, and events.
- Workers to join Duane. The English worship services came to an end in December because so many workers have returned home or moved to other areas. Pray for guidance and direction for this fledging work.
- The Coffee and Chat outreach; if more do not attend they will not continue. Pray that students from Kyushu University would join.
- Japanese people to seek spiritual meaning in their lives and be led to the true God.

Children's Ministry

News & Information

The Lakewood Children's Ministry and Nursery have a variety of opportunities for you to get involved. Please let us know if you are interested!

To serve in **Children's Ministry**, contact Eileen Dirks at eileen@lakewoodfc.com or 829-7251.

To serve in the **Nursery**, contact Andrea Walters at 829-7251, ext 341 or 820-2238.

CHILD DEDICATION

One of the privileges of Christian parents is to dedicate their children to the Lord and themselves to the high calling of raising up their children in the Christian faith.

Lakewood offers this opportunity through a dedication service for parents with children of any age. The next child dedication is scheduled for *April 29*. The deadline to participate is *April 15*. For more information, contact Rita to make an appointment with Pastor Ralph Porter at 829-7251 or rita@lakewoodfc.com.

CHILDREN'S SUNDAY SCHOOL OPTIONS

9:00 AM

- Preschool
- Kindergarten through 5th Grade (RIO)
- Family Sunday School

10:30 AM

- Preschool and Kindergarten

ATTENTION GOD'S GIRLS



God's Girls will be meeting in Segway (Church Office

Basement) on Wednesday February 8 and Wednesday, February 15 due to IHN guests staying in the basement.

Adult Wednesday Classes

Adult Classes

Wednesday evenings provide a variety of ways for adults to get involved. For more information on what is available for men and women at Lakewood, contact Paul Johnson or Stacy Walker in the church office at 829-7251.

Men's Ministry

WEDNESDAY NIGHTS

Beginning January 18, 6:45 PM

Programming for men has a new look. In the past we have offered a variety of classes to sign up for. Currently we are using Wednesday nights as a sort of "Cohort lab."

We start at 6:45 PM with the first 15 minutes in one big group shooting the breeze, followed by 10 minutes of group teaching. We break up into smaller groups for some discussion and prayer for the rest of the time.

For men who already know of 2-3 other guys they want to meet with, we provide some suggestions on how you can open the Word together as well as show you some nooks and crannies around the church where you can meet. (You're always welcome to go off-site if you don't have younger kids you need to be available for.)

For more information on how Cohorts work or to join a Cohort, contact Paul Johnson at 829-7251 or paul@lakewoodfc.com.

COHORT *(kō'hôrt')*

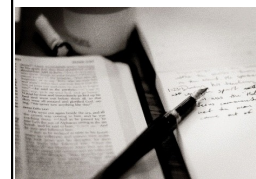
n.

1. a group or company
2. a companion or associate
3. any band of warriors
4. 3-4 Lakewood men meeting together

MEN'S CARD NIGHT

Men's Ministry will host a Men's Card Night on Thursday, February 2 at 7:00 PM in the Fellowship Hall. Just show up and bring your favorite game or join in on a game like Hand & Foot, Rook, Sheephead, Whist, Cribbage, Spades, or "Oh Heaven!" No gambling and No solitaire! Contact Larry Olson at 218-963-4795 for more information.

MEN'S BOOK STUDY



Men of any age (high school on up) are welcome to join in studying the book, "Emotionally

Healthy Spirituality." We meet in the Prayer Room on Friday mornings from 6:30-7:30 AM. For more information, contact Tim Lander at 963-4221.

Women's Ministry

✠ Events

Hidden Treasures

Women's Retreat

A Journey Through the Book of Ruth

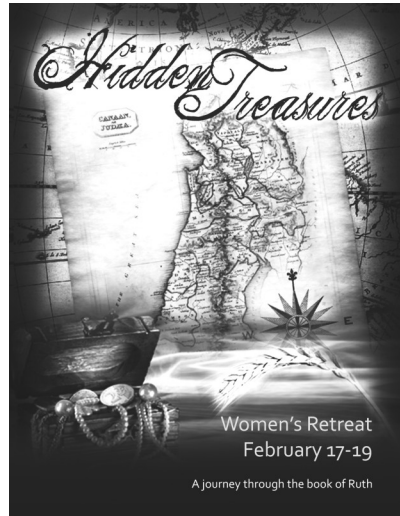
February 17-19, 2012

Big Sandy Camp

Cost: \$99

Registration and Deposit Due

Sunday, February 5th!



LADIES IN FELLOWSHIP TOGETHER

(L.I.F.T.)

L.I.F.T. will meet on Saturday, February 11, at 9:00 AM for brunch at the Sawmill Inn (601 Washington St, Brainerd). (Dutch Treat—breakfast at your own expense.) Any and all women are welcome to join in this great time of fun, fellowship, and a chance to get to know other women! Contact Lucy Franz for more information at 829-5991.



Sewing For Missions

The coffee pot's on! Come join us in helping meet the needs of missionaries through the work of our hands. We meet Tuesdays from 9:15 AM - 2:00 PM in the Church Basement. Bring your own lunch. Questions? Contact Jane Wheeler at 833-0371 or Pat Kirk at 829-8104.

Student Ministries

✠ Events

LSM BIG GAME PARTY

Students in 6th-12th grades, parents, and Lifeguards are invited to join us Sunday, February 5 at 5:00 PM for the Big Game Party in the Great hall and Fellowship Hall. Come watch the game, join in the dodgeball tournament, Wii tournaments, board games, and more! Cost: \$5. Pizza and Drinks will be provided. Please bring a snack or dessert to share.



SABBATH REST PRAYER RETREAT



On February 10-11, all high school students are invited for a mini-retreat at Camp Jim. Whether you are a prayer warrior or someone who struggles to pray regularly, you will be encouraged by this time of discussion, studying God's Word, and prayer. More details are available in the brochures at the Student Info Desk or in the LSM office. Cost \$25, due with registration forms by February 8.

CHANGE OF LOCATION

Lakewood is hosting IHN, so on February 8 and 15, the 11th & 12th grade students will meet at Dave Bostrom's Home (6195 Edmonton Rd, Baxter) from 6:45-8:00 PM. All other students will meet as usual in the Great Hall starting at 6:45 PM.

DESSERT & GAB

On Wednesday, February 22, we will have another Dessert & Gab night. Join us as we explore Christianity vs. Other Religions. Dessert will be provided.

SAVE YOUR STUFF

LSM will have a garage sale on May 10-12. If you have items you'd like to donate, please save them! Proceeds will help students pay for the EFCA Challenge Youth Conference. Watch for more details on drop off times and places.



Student Ministries

News & Information

SUNDAYS & WEDNESDAYS

Sunday School for 6th-12th grades is at 9:00 AM in the Church Office Building.

Wired (6th-8th Grades) and **EL-Volt** (9th-12th Grades) meet Wednesday evenings in the Great Hall. Come hang out at 6:30 PM, everything starts at 6:45 PM.

Registration forms are also available in the LSM Office, at the Student Info Desk, or at www.lakewoodfc.com on the Student Ministries page.

DISCOUNT CARD FUNDRAISER



The LSM Discount Cards will be available at the table in the Fellowship Hall on Sunday,

January 29 and Sunday, February 19. Proceeds go toward student accounts to help pay for retreats, conferences, and LSM events.

QUARTERLY PARENT MEETING

Parents, join us on Sunday, February 19 from 12:15-1:15 PM in Room 174 for an update from LSM as well as info on the upcoming District Blitz Conference in April and the Challenge Conference in New Orleans this summer.

FELLOWSHIP OF CHRISTIAN ATHLETES (FCA)



FCA is partnering with BAY Ministries. If you are interested in more information or getting a group started at your school, please contact Dave Bostrom at dbostrom@lakewoodfc.com.

Brainerd FCA meets on Tuesday mornings from 7:45-8:15 AM in Room A174 in the HS.
Pillager FCA meets on Friday mornings at 7:45 AM in Room 356, Mr. Devine's Art Room.
Pequot FCA meets every Thursday morning at 7:45 AM at Lakes Latte.

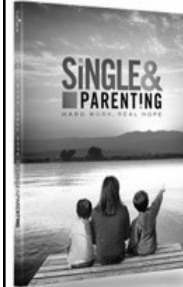
VOLUNTEER? If you are interested in volunteering with Student Ministries, we have a variety of ways you can help! Contact Dave at 829-7251 or dbostrom@lakewoodfc.com.

Women's Ministry

Classes

We have several opportunities to learn and grow with other women at Lakewood. There are several classes you can still join! For more information, contact Stacy Walker at 829-7251 or swalker@lakewoodfc.com.

SINGLE MOMS



If you're a single parent, you're probably tired, overwhelmed, and feeling a bit underappreciated. Our Single and Parenting mom's class will allow you to share tips and parenting wisdom that will help you find rest, hope, and encouragement. The video seminars will teach you how to: wisely encourage your kids to obey, help your hurting child, eliminate debt, deal with verbal onslaughts, and figure out what your emotions are telling you. Plus, you'll develop meaningful friendships with other single moms who, like you, are tired of hectic mornings, chaotic evenings, and a never-ending to-do list. *Class begins January 18 at 6:45 PM. Book cost: \$5.*



LAKWOOD WOMEN'S MINISTRY
Growing together in grace

